



## Aquatics Christmas 2019/2020 Schedule

Effective 15 December 2019 to 5 January 2020 (Subject to change without notice)

**PLEASE NOTE SIZE OF OPEN SWIM IS DEPENDENT ON STAFF AVAILABILITY**

Pool Hotline: (613) 687-5511 ext. SWIM (7946)

Aquatics Coordinator: (613) 687-5511 ext. 5305

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> Regular Aquatic Programming	<b>16</b> Regular Aquatic Programming	<b>17</b> Regular Aquatic Programming	<b>18</b> Regular Aquatic Programming	<b>19</b> Regular Aquatic Programming	<b>20</b> Regular Aquatic Programming	<b>21</b> Open Swim 2:00-3:55pm Lane/Family 4:00-4:55pm
<b>22</b> Open Swim 2:00-3:55pm Lane/Family 4:00-4:55pm	<b>23</b> Leisure Swim 9:00-9:55 Lane Swim/ PTOT 10:00am-10:55am Open Swim 11:00am - 1:00pm	<b>24</b> <b>No Aquatic Programming</b>	<b>25</b> <b>No Aquatic Programming</b>	<b>26</b> <b>No Aquatic Programming</b>	<b>27</b> Leisure Swim 9:00-9:55 Lane Swim/ PTOT 10:00am-10:55am Open Swim 11:00am - 1:00pm	<b>28</b> Open Swim 2:00-3:55pm Lane/Family 4:00-4:55pm
<b>29</b> Open Swim 2:00-3:55pm Leisure/Family 4:00-4:55pm	<b>30</b> Leisure Swim 9:00-9:55 Lane Swim/ PTOT 10:00am-10:55am Open Swim 11:00am - 1:00pm	<b>31</b> <b>No Aquatic Programming</b>	<b>1</b> <b>No Aquatic Programming</b>	<b>2</b> Lane Swim 10:00am-10:55am Open Swim 11:00am - 1:00pm	<b>3</b> Leisure Swim 9:00-9:55 Lane Swim/ PTOT 10:00am-10:55am Open Swim 11:00am - 1:00pm	<b>4</b> Open Swim 2:00-3:55pm Lane/Family 4:00-4:55pm
<b>5</b> Open Swim 2:00-3:55pm Leisure/Family 4:00-4:55pm	<b>6</b> <b>REGULAR POOL SCHEDULE</b>					

- There will be no Aquafit classes from the 24 December 2019 to 6 January 2020
- From 23 December 2019 to 5 January 2020, lane swim will be open to Military Members and Community Recreation Participants.
- The Hot Tub & Sauna are available during Open Swim, Leisure Swim, Lane Swim, and Aquatic fitness. Neither are open during rentals or specialty programming.