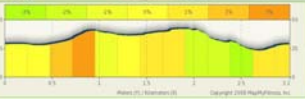


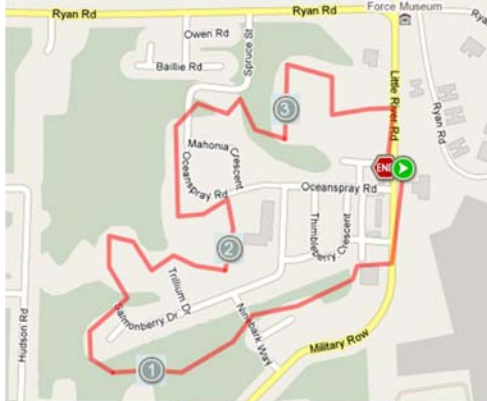
PMQ Route



3.1 km



Fitness Trail Route



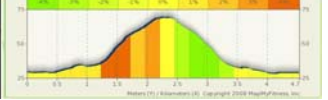
3.7 km



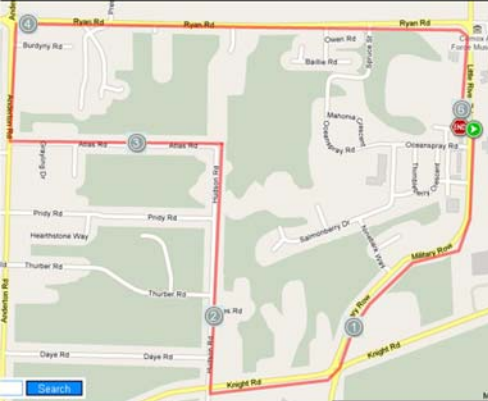
Foxwood Route



5.4 km



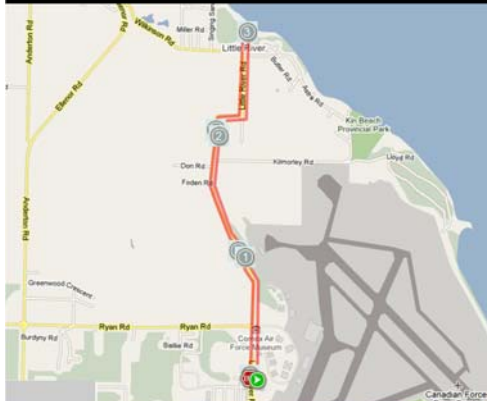
Atlas Road Route



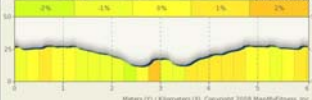
6.0 km



Little River Aller-Retour



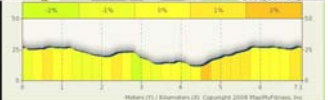
6.0 km



Astra Road Route



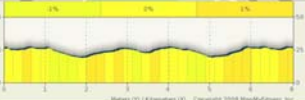
7.0 km



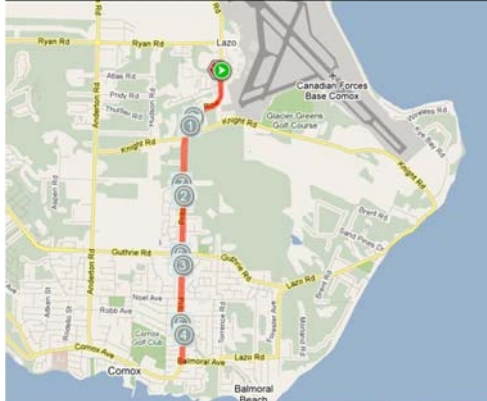
Air Force Beach Aller-Retour



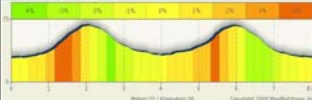
8.0 km



Pritchard Road Aller-Retour



8.8 km



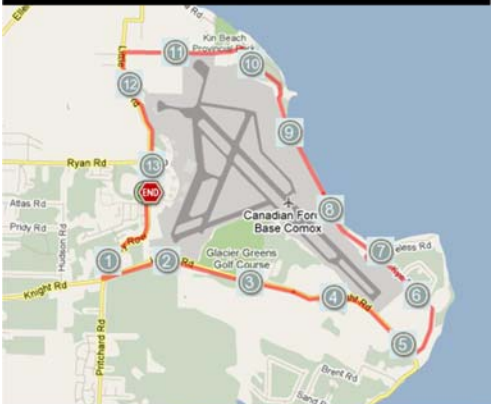
Powell River Route



8.9 km



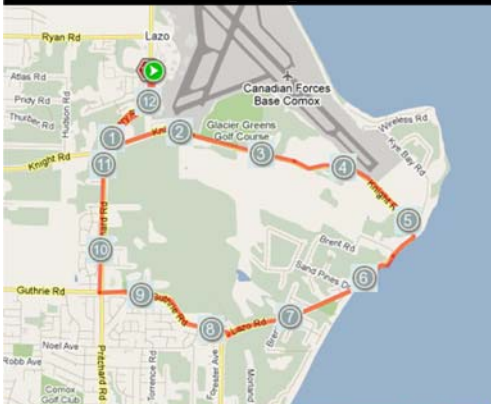
Beach Route



13.4km



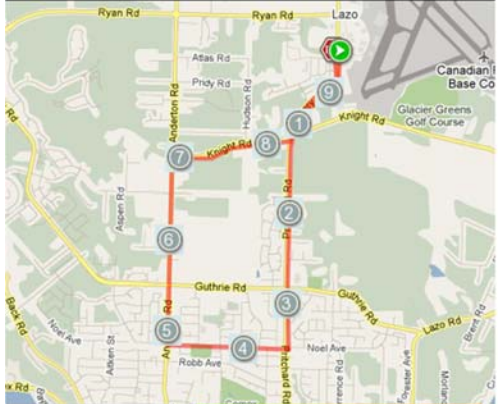
Point Holmes Route



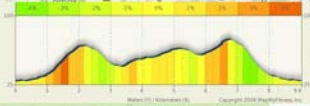
12.3km



Noel Ave Route



9.4 km



NOTES:

Coordnatrice du conditionnement physique : 6946
Spécialiste de l'exercice physique : 6990
Instructeur du conditionnement physique
et des sports et des loisirs : 7015, 7016, 7158
Coordnatrice des loisirs : 7173 / 6989
Gestionnaire de la promotion de la santé:
8328 / 8577

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LES

ROUTES

POUR LA

MARCHE

ET LA

COURSE



19^e ESCADRIE