Talking about suicide saves lives

Give a pin to someone that inspires you, is important to you, who helped you, who needs moral support, you want to thank, etc.

What to do with the “YOU’RE IMPORTANT TO ME” pin?

- Pin it on your colleagues
- Put it up in a public place
- Pass it around to include everyone
- Take a picture of it and share it

Tag PSP Ottawa on Facebook or Twitter and use the hashtag #PSP Ottawa

YOU’RE IMPORTANT TO US. TOGETHER WE CAN MAKE A DIFFERENCE. GIVE A PIN!