



17 Wing Winnipeg Birthday Parties

To register for a birthday party go online to www.cafconnection.ca/winnipeg

If you have any questions contact the front desk at 204-833-2500 ext 5139

or

Colleen Preston

204-833-2500 ext 2057 colleen.preston@forces.gc.ca

Parties are available Saturdays or Sundays 1200 – 1500 {12pm-3pm}

All parties include one party host

A party room is provided

Party Package 1 -- [Hawaiian Hula Party](#)

Wear your surfer trunks or grass skirt and join in the luau festivities. The party includes one hour in the pool followed by two hours in the party room with a hula limbo contest, make your own leis, a craft, eat and open presents.

Party Package 2 -- [Under the Sea Party](#)

Throw on your swimming trunks and goggles then come explore the depths of the sea. The party includes one hour in the pool followed by two hours in the party room with crafts, games, eating and opening presents.

Party Package 3 -- [Sports Spectacular](#)

This party consists of a two-hour block in the gym for games and sports i.e. floor hockey, dodge ball, indoor soccer, basketball, etc. Followed by one hour in the party room for eating and opening presents.

Party Package 4 -- [Movie Star Party](#)

Enjoy one hour of free time in the pool or gym. Then head to the movie room where you can watch a movie of your choice and make a walk of fame of the party goers.

Party Package 5 -- [Super Hero Party](#)

Choose one hour in the pool or one hour in the gym. Followed by two hours in the party room for crafts, eating and opening presents.

Party Package 6 -- [Pirates & Princesses Party](#)

Enjoy three hours of royal treatment. The party includes one hour of free time in the pool or gym. Followed by two hours in the party room with themed crafts, eating and opening presents.

Party Package 7 -- [Pool and Gym Party](#)

Enjoy one hour in the pool followed by one hour in the gym with games and sports then one hour in the party room for eating and opening presents.

Contract

- I understand that the party host is provided to assist with the party. The party host is not responsible for taking care of the participants.
- I understand that the cost includes the party host, the lifeguards (when applicable) set-up, take-down, clean-up of the party room along with some decorations and use of the facilities.
- I understand that the party host will begin the set-up at 11:15am with the party beginning at 12:00pm.
- I understand that should I wish to do more set-up in the room, the room will be available for parent/organizer from 11:30am to 12:00pm only.
- I understand that the party host will meet and greet the party parent/organizer in the Westwin Community Center and show you to your party room.
- I understand that the party host is there to support the facilitation of the gym activities if applicable.
- I understand that the party host is there to assist with the craft, the serving of the food, drinks, cake and with the opening of presents if requested.
- I understand that if a portion of my party booking is taking place in the pool that I am responsible to follow the Pool Safety Guidelines.
- I understand the full cost of the party is due at the time of booking.
- I understand that due to the nature of our Military facility there may be unforeseen interruptions and/or cancellations of rooms and/or activities.
- I understand that should it be necessary to cancel a party, every attempt will be made to re-schedule. However, if we cancel a birthday party, you are entitled to a full refund or you may transfer to another day with space permitting.
- I understand that refunds are provided for medical reasons with a Doctor's note or for a Military posting with validation
- I understand that refund requests must be in writing and received 10 business days prior to the start of the birthday party
- I understand that should a refund be issued there will be an administration fee of 25%
- I understand that in the case of a dispute the refund decision will be made by the Community Recreation Coordinator
- I realize that 17 Wing PSP Community Recreation is not liable for loss or injury before, during or after the time and date of the booking.

Please print your name

Date

Signature

Date

Booking Form

Please return the form to the front desk in building 90
{due upon registration – or - a minimum of 2 weeks prior to the party date}

Party day and date _____

Name of Child _____

Contact Name _____

Phone Number {daytime} _____

{evenings} _____

Email Address _____

Recreation Membership Type: Military family {blue card}

Ordinary {yellow card}

Associate {orange card}

Non-membership

Expiry Date: _____

Number of children expected at party _____

Ages of children _____

Number of adults _____

Should you wish to have a party theme, please select one

#1 Hawaiian Hula Party

#4 Movie Star Party

#7 Party Your Way

#2 Under the Sea

#5 Super Hero Party

#3 Sports Spectacular

#6 Pirate/Princess Party

Facility Request

Please select one facility for each hour of your party
Please note that periodically facilities may not be available

1200 – 1300 {12pm - 1pm} Rumpus rm MPR pool

1300 – 1400 {1pm – 2pm} Rumpus rm MPR mini gym

1300 – 1400 {2pm – 3pm} Rumpus rm MPR mini gym

Should you have any concerns please phone 204-833-2500 ext 5139 or ext 2057

Rates include 5% GST

Theme & gym/movie party	Theme & pool party	Pool & gym party
5 -10 children Rec Membership \$145 Non-membership \$170	5 -10 children Rec Membership \$165 Non-membership \$190	5 -10 children Rec Membership \$175 Non-membership \$200
11 - 20 children Rec Membership \$170 Non-membership \$195	11 - 20 children Rec Membership \$190 Non-membership \$215	11 - 20 children Rec Membership \$200 Non-membership \$225
21 - 30 children Rec Membership \$190 Non-membership \$215	21 – 30 children Rec Membership \$210 Non-membership \$235	21 - 30 children Rec Membership \$220 Non-membership \$245
31 - 40 children Rec Membership \$220 Non-membership \$245	31 – 40 children Rec Membership \$240 Non-membership \$265	31 - 40 children Rec Membership \$250 Non-membership \$275

Pool Safety Guidelines

Introduction

These guidelines have been created to ensure a safe and enjoyable swim experience for all participants at the pool. It is for the use of a pool by organized groups.

The duty of care belongs to the parent/guardian even when there are lifeguards on duty at the pool. Lifeguards and parents/guardians work collaboratively to ensure the safety of the all participants by following the rules, regulations and policies designed for participants' safety.

The following are policies, procedures and regulation that must be adhered to when participants come for a swim at the pool.

Initial _____

Ratios

1. High-risk people must be in a ratio of 1:1
 - High-risk people have a condition or illness that may put them at risk in a pool such as frequent seizures or fainting conditions.
 - This includes people who are unable to control their behavior or impulses and require direct supervision.

2. Children 7 & under to swim in the kiddie pool
 - 1:4 {adult to child}
 - in the water - within arms-reach at all times – with the child standing in the deep-end if the water level is lower in the than the chest {nipple line}
 - OR
 - 1:2 {adult to child}
 - in the water - within arms-reach at all times – with the child standing in the deep-end if water level is at or higher than the chest {nipple line} -- and -- the child is to wear a pfd

3. Children 8 & over to swim in the lap pool
 - 1:8 {adult to child}
 - children 8 years of age and older must pass the swim test {no pfd required}
 - or
 - 1:4 {adult to child}
 - with the child standing in the shallow-end if water level is at or higher than the chest {nipple line}
 - and/or
 - the child who does not take/pass the swim test are required to wear a pfd

Initial _____

Pool rules

1. Those with serious medical conditions including but not limited to i.e. heart conditions or seizure disorders should be accompanied by an individual knowledgeable of their condition and must communicate with the lifeguards/staff prior to activity.
2. The lifeguard has the right to allow or prevent access to any part of the pool or the pool in its entirety should there be any safety concerns regarding the patrons use of the facility.
3. Direct supervision is defined as accompanied at all times in-the-water and within-arms-reach by a parent/guardian
4. A Caregiver is defined as someone 16 years of age or older.
5. Children 3 and under must wear a water diaper at all times
6. Please do not leave children under 10 years of age unattended.
7. All parents/guardians and participants need to shower before entering the water
8. Upon arrival parents/guardians and participants are to proceed to the pool viewing area for an initial briefing from the lifeguards.
9. Participants need to have a parent/guardian with them when entering the pool area
10. One parent/guardian should be out of the water in the viewing area to assist participants as needed.
11. The responsibility of the parent/guardian in the viewing area is to supervise the children i.e. in the pool viewing area, to have participants tell the parent/guardian when they are going/coming to/from the washroom, etc.
12. Any concerns are to be directed to the lifeguards.
13. Please obey the lifeguard at all times.
14. Clear the pool immediately when you hear three (3) whistle blasts.
15. All patrons must wear suitable bathing attire and have bare feet or clean indoor footwear on the pool deck.
16. Strollers, baby car seats, walkers, etc. are not permitted on the pool deck.
17. Persons having any skins disease, sores, inflamed eye, cold, nasal or ear discharges, and/or communicable disease will not be allowed in the pool.
18. Spitting, spouting of water and blowing the nose in the pool or on the deck are prohibited.
19. Food, gum or beverages are not permitted in the pool area. Water, in clear plastic containers is allowed.
20. To ensure the safety of all facility users running in the viewing area and climbing on the wall is not permitted.
21. Patrons are not allowed to play on the buoy lines, lane markers or ladders.
22. Abusive language and profanity are not permitted in the aquatic facility.
23. Swim goggles without a nose piece are permitted in the pool.
24. Diving in the deep-end wall only – the wall where the diving blocks are in the lap pool. All toys, mats, etc are to remain in the shallow-end and up to the “50” mark on the sides of the pool

Initial _____

Hot Tub

1. Those with serious medical conditions including but not limited to i.e. heart conditions or seizure disorders should be accompanied by an individual knowledgeable of their condition and must communicate with the lifeguards/staff prior to activity.
2. Children are not allowed in a hot tub until they can stand on the bottom and have their head completely out of the water and must have direct supervision by an adult at all times.
3. Children under the age of 14 are not allowed in the spa unless supervised by an adult at all times.
4. Adults are permitted in the hot tub as long as all ratios are maintained in the leisure pool and the main pool.
5. Patrons should not stay in the hot tub for more than 10 minutes at one time - long exposure may result in nausea, dizziness or fainting
6. Respectful behaviour is expected in the hot tub i.e. sitting quietly on the bench, no splashing, floating or swimming allowed.
7. Toys and pfd's are not allowed in the hot tub
8. Consult with your doctor if you
 - Are pregnant
 - Are an elderly person
 - Have heart disease, diabetes or high/low blood pressure
 - Are taking medications for cardiovascular or nerve disorders
 - Make sure someone is available to always be with you in the hot tub

Initial _____

Water test

1. All participants wanting to swim in the lap pool need to take the swim test with the certified lifeguard
2. Children are required to pass the test to be able to swim in the lap pool without a pfd
3. To pass the test the child must
 - swim from the shallow end to the deep end and back again
 - complete the entire distance continuously without stopping, touching or resting
 - show strong forward movement
 - show ability to take breaths
4. When testing, the lifeguard will evaluate the distance completed, comfort level, power, propulsion and proficiency.

Initial _____

Buddy system

1. Partner the swimmers up so that each of them has a buddy while at the pool
2. Buddies will swim together
3. If one has to go to the washroom the other will go with them
4. When partnering your children as much as possible partner children up who have the same swimming ability.

Initial _____

PFDs

Children who are required to wear a pfd (personal flotation device) must have a pfd that is comfortable yet snug. Loose fitting pfd's are dangerous

Size	Infant less than 30 lbs	Child small 30 – 50 lbs	Child Medium 30 – 50 lbs	Youth 50 – 90 lbs
Age	Newborn - 2yrs	2 to 5 yrs	4 to 8 yrs	6 to 12 yrs
Chest	16 – 20” circumference	20-23” to 23-25” circumference	21 - 25” circumference	26 - 29” circumference
Features of child or infant	rounded body large head short limbs	short torso protruding tummy stocky shape	larger torso than toddler - no waistline slimmer than toddler	beginning waistline slim/chunky short to average height

Please print your name

Date

Signature

Date