



COVID-19 Protocols for PSP Petawawa Gymnastics Birthday Parties

The Petawawa Gymnastics Club abides by the Rules and Regulations set forth by Gymnastics Ontario, the Government of Ontario and the County of Renfrew. To remain compliant with our multiple governing bodies the Petawawa Gymnastics Club has had to make some changes to our programs.

- Only parents or guardians of the birthday child are allowed into the facility during the party. Guardian and/or family members of party goers will be asked to remain outside of the facility with drop-off and pick-up happening at the doorway. Ensuring physical distancing is being maintained.
- Parents or guardians of the birthday child will be required to wear a non-medical face covering throughout the duration of the party as per the County of Renfrew policies. However, children participating in the gymnastics party are not required to wear a face covering while engaged in physical activity.
- Registration has been modified to an online only registration platform. The most up-to-date details for program registration will be available on cafconnection.ca/Petawawa.
- Birthday party food has been modified. Now PGC parties will be offering cupcakes, pizza and juice boxes for meals.
- Participants, who have travelled outside of Canada in the last 14 days prior to attending the program, will not be permitted to attend.
- Parents/Guardians must ensure that party goers are in good health, prior to attending any party.
- All party goers and coaches will undergo a health screening upon arrival, including a questionnaire and temperature reading with a no touch thermometer.
- The number of participants in the party has been reduced to a maximum of ten. Siblings are included in this number. At this time we will not be permitting the adding of additional children to the party numbers.
- Participants must be able to understand and maintain social distance throughout the duration of programming. Reminders will be given by our program leaders, but there is an expectation that each child understands and is able to maintain a social distance of 6 feet.
- If 6 feet physical distancing is not possible due to extenuating circumstances such as first aid, participants and whomever they are in contact with will wear gloves and a mask (whether inside or outside).
- Participants and staff must follow proper hygiene practices, which will be monitored and enforced throughout the party.
- For all programs, staff and client education has been increased regarding COVID-19 protocols through conversations, signage, reminders etc.
- Increased cleaning protocols have been implemented to ensure facilities is kept safe and sanitary for all party goers.