



Moose Jaw MFRC Family Support Services

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Emergency Childcare Service (ECS) 24/7:

While your CF family member is away on deployment or for training you may need childcare for unexpected reasons. For example, you get the flu and are unable to care for your child. The Emergency Childcare Service is like an insurance policy; it covers you in the most unexpected times. There is no cost associated with this, however, it is emergency only.

To access this service, please call (306) 694-2273 or (306) 684-4008.

Deployment Childcare:

Single parenting for long periods of time can be a little overwhelming and sometimes a break might be necessary. When your CAF member is away, you can access the following:

- Early Learning Centre (ELC) Program Options
 - *3 hour block free childcare per week*
 - You are eligible to receive 3 hours of free childcare at the ELC (children 0 to kindergarten). Book your child in at the ELC and let the staff know that you would like to use the respite discount.
 - *3 hour block of half price childcare per week*
 - This is in addition to the free 3 hour block childcare at the MFRC Early Learning Centre (ELC). Book your child in at the ELC and let the staff know that you would like to use the respite discount.
 - *Youth/Teen Centre Program Options Free Youth/Teen Centre Drop-in*
 - For the duration of the training or deployment (Grades 1 through 12).
 - *Stay and Play Saturday*
 - This respite childcare program is offered once per month at the ELC or Youth/Teen Centre. It is typically held in the middle of the month on a Saturday. Pre-registration is required by calling the ELC at 306-694-2222 ext. 5318.

Deployed Social Dinner:

Want a chance to relax, socialize with other deployed families and eat a free dinner? Come out to our Deployed Social Dinner where dinner is provided and conversation never ends! This event is typically held on a Wednesday evening from 5-7pm at the MFRC mid-month, every month. Children of all ages are welcome to attend with their at-home parent and childcare is provided. All families experiencing an absence due to training or a deployment qualify. Sponsored by the Fellowship.



Warm-Line Calls/Emails:

Families experiencing a deployment may sign up for friendly check-in phone calls or emails from the Family Support Services Coordinator or Assistant. If you would like us to maintain regular phone contact with you during the training or deployment, just let us know!

Resource Library:

The Family Support Services has a library of resources that relate to deployments, living a military lifestyle, and being a military spouse/child/family member. Please feel free to contact us or drop by to learn more about the resources available.

Video Teleconference Services:

The MFRC boardroom is equipped for video teleconferencing. If you or your spouse are deployed and are able to access video teleconferencing, please contact our front desk to have this arranged for you.

Volunteer Program:

Volunteers are the backbone of our centre and all that we do! Volunteering can have so many rewards: It's a great way to make new friends, try something new and give back to your military community. As part of the military, all of us can relate to being without the support of family, and by volunteering we can reach out and support each other. Best of all when you volunteer at the MFRC your childcare is free!